

Oral care protocol with Glandomed®

To prevent and attenuate mucositis with chemo- and/ or radiotherapy

Basis rinsing

Take Glandomed® undiluted, hold it for at least two minutes in your mouth (look on your watch), then spit it out, do not rinse with water after this, do not eat or drink 15 minutes after rinsing.

Prophylaxis: Patient with uninjured mouth

Basis rinsing: every 4 hours beginning with the therapy

Resp. after each meal and before sleeping

Mucositis Score I: Mouth mucosa gets slightly red, patient feels swelling in the mouth or throat...

Basis rinsing: every hour or every other hour

If necessary add topical anaesthetics such as lidocaine hydrochloride 0.1% to Glandomed®

Preparation (for pharmacists): dissolve 500mg lidocaine hydrochloride in 500ml Glandomed®

If necessary give patients additionally preventively antimycotics (locally or systemically)

Mucositis Sore II: Redness, smaller mouth ulcers, patient can still eat...

Basis rinsing every hour

If necessary add anaesthetics such as lidocaine hydrochloride 0.1% to Glandomed®

Preparation (for pharmacists): dissolve 500mg lidocaine hydrochloride in 500ml Glandomed®

If necessary give patients additionally preventively antimycotics (locally or systemically)

If necessary give patients additionally systemically acting antibiotics, antimycotics or analgesics.

Mucositis Score III: Heavy mouth ulcers, mouth sores, patient eats only passed food...

Basis rinsing every hour, otherwise like “Mucositis Sore II”

If necessary treat pain adequately

Mucositis Grad IV: Patient can take up no more food by oral route...

Admission to hospital may be necessary

For more information see

Patient Information Leaflet for Glandomed with Lidocaine 0.1%

www.mucositis.de/products

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